

ST. CATHERINE'S NEWSLETTER

FALL 2015

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Next Newsletter Deadline

Sunday, November 15

Please send news items to Susan Kimm-Jones at sekj@shaw.ca or Heather Luccock at hiluccock@shaw.ca



Welcome Back Sunday - September 13

Wardens Report

Monica Macdonald – Rector's Warden Tony Dodd – People's Warden Vivian McGie –Associate Warden

We are looking forward to seeing you all back in September after the long, hot summer holiday. We hope you enjoyed the restful time with friends and family, and are renewed in spirit.

The canonical committee has completed their work and is pleased to announce that they have unanimously selected the Rev. Gordon Dominey for the position of Interim Priest. He comes to us with a vast experience in interim ministry around the Diocese, and we feel he will be a very good fit for St. Catherine's during this time of transition.

Building a strong Christian community and assisting our Parish to move forward, as we prepare for the next stage, will be his focus during this time. As mentioned before, he will be working three quarters time in the Parish. We warmly welcome Gordon to our Parish family.

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Wardens Report Cont...

Over the summer we have been overseeing the day to day issues involved in the running of the Parish, always something to keep us busy! A big thank you to Randy, in the office, who held the fort, gave us assistance, and provided the Parish with regular communication throughout the summer.

A special thank you to John Luccock and our summer students, Adam Muir and Tomo Ashby who have been working so hard over the summer, ensuring our building and grounds are in great shape.

Thank you to ALL of our volunteers that consistently help out in all areas of the Church. Your effort and work is appreciated by all.

We look forward to everyone welcoming Gordon, our new interim priest, and begin the fall season with hope and renewed energy, as God leads us down a new path here at St. Catherines.

Blessings to you all.

Thank you to David Boddington who paid for the publishing of this edition of the Newsletter in memory of his mother, Mary, who recently died. Mary was well-known among the Anglican Churches on the North Shore, including St. Catherine's as a musician and guest organist.

Thank you to all those who have to date contributed to funding the Newsletter for this year.

Remembering Jeanette Andrews "Bugsy"

On September 20th there will be a luncheon in memory of Jeanette 'Bugsy' Andrews following the 10am service. Please keep this date open. Further details will be announced in early September.

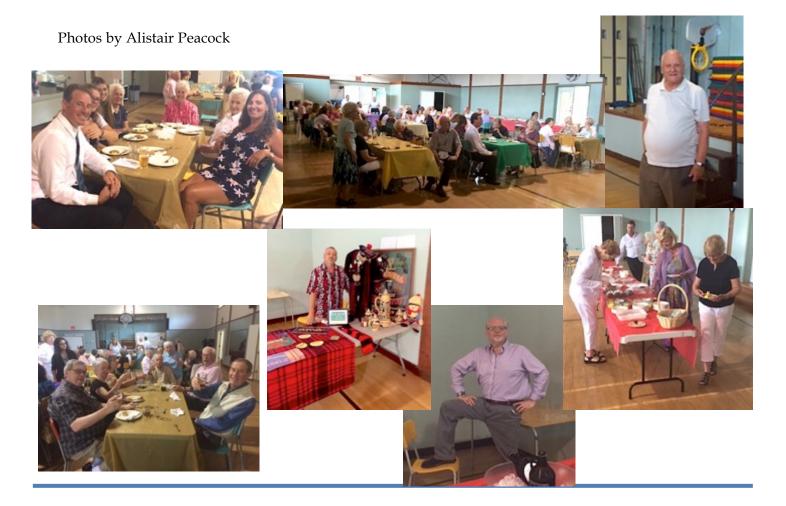
Order of the Diocese of New Westminster

Congratulations to Maggie Kerr-Wilson who has been nominated by our Parish to receive the Order of the Diocese of New Westminster. The award will be presented on November 1, at 4:00 pm at the Massey Theatre in New Westminster.

Midsummer Lunch at the "Old Bull & Bush" by John & Heather Luccock

To celebrate BC Day there was a pub lunch after church, when St. Catherine's gym was transformed into "The Old Bull & Bush". A plowman's lunch was served with ale or wine. The two jolly bartenders Joseph Coogan and Alistair Peacock presided over the dispensing of the ale and wine. John Luccock explained that the lunch was inspired by the words of John Hadrill, when he was in the Choir. After the service he would say "And now it's off to the Old Bull & Bush". John has since had to give up the Choir but we certainly feel his presence and John was pleased that his words had translated into such a grand lunch. Another delight was the presence of Carol Grant, wife of the late Ian Grant, former rector of the parish, her son Jamie and his wife, Sue, and daughters, Meghan and Valerie. Carol was staying with Janet Morris en route to Hawaii for a family holiday. It was a fun event, culminating in a toast to our beautiful Province for B.C. Day and joining in singing "Come to the Old Bull & Bush".

Thanks to all the people who volunteered - Derek and Elizabeth Barratt , Alistair Peacock and Joe Coogan who helped with the food preparation and set up the day before, and all those who assisted on Sunday before the lunch and in the clean up, especially Chris Trendell, Liz Lee and Kirsty Milligan. The customers showed their appreciation of the meal through their generous donations.



Diocesan School of Leadership

Monica Macdonald recently graduated from the two year summer program of the Diocesan School of Leadership run by the Diocese of New Westminster. This is a two year comprehensive training program for lay people and clergy in congregation and organization development. The financial support given to her by the Parish was much appreciated and the experience and education will continue to be very useful in her leadership role. Archdeacon Lynne McNaughton was one of the leaders at the school and was presented with a grass skirt on graduation!



Photo submitted by Monica Macdonald

Save the Date!

Did you love the "Vicar of Dibley Marathon"? Then you'll be happy to know that a new audio-visual frolic is on the way this fall!

Please save the afternoon/evening of **Saturday**, **October 24** - we'll tell you why soon! All we'll say now is that you might want to polish up your lederhosen for the occasion (or whatever one does to get lederhosen ready for a night out). So mark your calendars, you won't want to miss the fun, food, and entertainment coming your way!

Peggy Trendell-Jensen and Heather Peacock

Coffee & Conversation

The next Coffee & Conversation will be on Tuesday, September 15 at 10:30 a.m. in the Mary Pellatt Room. **Everyone welcome!**



Upcoming dates

October 20, and November 17

Cookies for the Homeless - Lois Macgregor

Donations of home-made cookies are delivered to the Look-Out Homeless Shelter on the <u>fourth Tuesday</u> of every month. Cookies left in the church on the kitchen counter by noon that Tuesday are collected and delivered in the afternoon.

Messy Church - Gaynor Stone

Messy Church will resume in October. Watch for details in the coming weeks.

St. Catherine's Music Program - Heather Luccock, Choir Member

The Fall is once again upon us and the Choir will resume rehearsals starting Thursday, September 10th at 7:30 p.m. in the Choir Room. We always welcome anyone who enjoys singing. Siiri has been rehearsing with the men on Wednesday mornings, which has been a great help to the tenor and bass sections. She also welcomes people, who cannot commit to the weekly practices or attend church every Sunday, to come and join in for special festivals such as Christmas and Easter. The members of the Choir enjoy not only singing, but the challenge of learning the music, and of course, very importantly, the fellowship.

Bell Choir News

Many thanks to Penny Zuk, Roslyn Jackson and Kirsty Milligan who have made beautiful new velvet cushion covers for the bells. New music stands have also been acquired.

The Bell Choir is fun, relaxing and meets in the daytime. It is very suitable for people who do not wish to go out in the evening. The group rehearses at a time suitable to all the members and is therefore flexible. While being able to read music is desirable it is not required you just have to be able to count!

Children's Choir

Wouldn't it be wonderful to once again have children's voices in our Sunday services? Siiri is prepared to organize and lead a children's choir if there are enough elementary school age children. For quite awhile St. Catherine's Church had two children's choirs which were very active in the church and community. They had a fine singing reputation, entered music competitions and one year even won second place in Canada at the Kiwanis Music Festival. Is there someone in our congregation who would like to help Siiri make this happen? If so, please make yourself known to her.

Pastoral Care - Tony Dodd

During these past months the Pastoral Care Team has provided pastoral care by phoning and visiting at parishioner's homes, Evergreen House, Lions Gate Hospital and sending cards. A Pastoral Care Meeting was held on September 2 to look forward to the fall. If any parishioner knows someone who needs a visit, phone call, or communion, please contact Tony by email ajdodd@shaw.ca. Confidentiality is maintained between the Pastoral Care Team and parishioners involved.

Student Summer Workers Program – John Luccock

Once again, we had two students working as Maintenance Assistants during the summer. They were, Adam Muir (7 weeks) and Tomo Ashby (5 weeks). These two fellows did a wonderful job for us.

Over the weeks, they did considerable yard work; painted the Men's and Handicapped bathrooms, painted the trim on the West /South side of the Church buildings; cleaned and oiled the Church/Chapel pews and woodwork, touched up the paint on the gym walls and doors, and performed many tasks too numerous to list.

We thank them for their dedicated work ethic. At the same time, we thank the Federal Government Student Work Program, individual parishioners, and Parish Council for making this program financially possible.







Photos by John Luccock



Other Summer Projects - John Luccock

Other projects were completed during the summer:

- Joe Coogan cleaned the floors throughout the church.
 Also the carpets were cleaned by Aero Carpets.
- Nairn Grundy repaired the cement steps at Ridgewood entrance and various chairs.
- Neil Grundy pruned trees and cleared brush around the parish property.







News from Preschool Summer Program 2015

Marion Porter, Developmental Resource Teacher

Another fun and exciting Preschool Summer Program has come to an end. The program runs for four weeks during the month of July and is offered Monday through Thursday (9:00 am – 12 noon) and (1:00 – 4 pm). We had 156 children attend this year.

Cheryl Hebb and I have been teaching this program for the past 17 years and every year it has become more and more popular. We run an inclusive preschool program that provides a Christian climate for young children in the areas of physical, emotional, social, intellectual and moral growth. We provide a routine based session with circle time, arts and crafts, story time, snack time and indoor/outdoor activities. We accept children ages 3, 4 and 5 and are pleased to offer additional support workers for children who may require it. This year we had 10 children needing extra support and last year we supported 17 children. We have built our reputation through the community as a program that allows children to "Learn Through Play". We love interacting with the children, but we also believe that they learn from playing with their peers and need to learn to problem solve on their own sometimes. The mixed age grouping seems to help with separation from parents because siblings can attend at the same time. We also have children who want to come

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Preschool Cont.

to our Summer Program but do not go St. Catherine's Preschool during the year. However, several families at the Summer Program have then enrolled their children in the Preschool come September. To say this this is work is hard because we love it so much and have a great time every summer.

Our themes change every year and this year we focused on the Circus and set the room up with a dressing room area, concession stand, an area for balancing, ring tossing and juggling. Due to water restrictions we did not have the paddling pools or water tables outside, but had fun with chalk and window markers. There was a quiet area for reading books and lots of music and laughter. A good time was had by all.

Some well-deserved thanks to those who work behind the scenes

Thank you to Elizabeth Lee who has served the last four years as our Envelope Secretary. This volunteer job has included counting the "Offering" each week, keeping a record of all donations, and sending out Tax Receipts.

Each week a group of people prepare refreshments for our enjoyment after the service. Thanks to them for all their work. More volunteers are needed for this ministry. See Kirsty Milligan if you are interested. Kirsty also looks after keeping the kitchen sparkling clean each week.

The Altar Guild ladies each week see that the Altar is properly prepared, look after the linens and arrange the flowers. Thanks to them.

Craft Fair – Fund-raiser

On Eagles Wings

Bev London & Phyllis Mittlestead

Bev London, is planning a fundraiser for "On Eagles Wings", our Outreach ministry in the far north. She has reserved a table at the West Van. Seniors Centre to sell Christmas crafts and gifts on Sunday, November 22.

Bev has already made many wreaths, decorations and gifts, and invites others to contribute their offerings, great or small, -- art, knitting, sewing, preserves or whatever. Then invite all your relatives, neighbours and friends to attend the sale!

Further updates will be announced, meanwhile, let Bev know if you have ideas or contributions.

Neighbourhood Engagement Team Peggy Trendell-Jensen

Many thanks to those of you who have already put your names forward to be on-call members of the St. Catherine's/Gloria Dei Neighbourhood Engagement Team (NET). Over the months ahead, we look forward to learning how we can be of service out in the community (including keeping surrounding streets clean with occasional Sunday litter pick-ups!) If you have ideas as to how we can put our energies to use, know of individuals or families who might need a helping hand, or would like to join our team, please talk to Peggy at peggytj@shaw.ca or 604-619-5576. The more of us who get on board, the more we can "be church" in the world!

Living Wage Rally

Paul Clark, Peggy Trendell-Jensen, Penny Zuk and Heather Luccock attended the Living Wage Rally at Vancouver City Hall on July 8th.



Photo by Peggy Trendell-Jensen

Community Thanksgiving Dinner - Vivian McGie Coordinator

We will be hosting our community Thanksgiving dinner on Saturday, October 10. People in the community who have attended in previous years really look forward to this event, as do the volunteers who've helped cook and serve the meals.

A traditional homemade Thanksgiving turkey dinner, with all the trimmings, will be served to people who might not otherwise have the opportunity to enjoy such a meal. Since we provide this dinner as a neighbourhood community outreach, there is no charge to our guests. We extend invitations to North Shore social agencies such as the Lookout Shelter, North Shore Neighbourhood House, the Seniors' Hub, the Open Door Society, Turning Point Recovery Centre, the Harvest Project and the Mental Health Association.

We also applied for and received a \$1000 grant from the City of North Vancouver for this event. They are happy to support the dinner since we serve people who come from agencies located in the city even though St. Catherine's is situated in North Van district. Last year's grant monies went towards purchasing cooked roast turkeys from the Tomahawk Restaurant and we're hoping to do the same again this year. But we're counting on your support too.

To make this outreach event a success, we will need cooks (to make mashed potatoes and dressing) and bakers (to make pies) and volunteers (to decorate, pick up and drop off guests, help in the kitchen, and serve food). We'll have sign up sheets available soon.

Prayer Shawls - Mary Savage

We love to have prayer shawls available for individuals needing extra support and comfort. Are you interested in making one?

Knitting is a meditative experience, and is very good for stress. It is "equal opportunity" - men or women may knit. There is a tradition in seafaring countries of men making use of this skill. If you need help or would like advice, support, or knitting needles please leave your name at the church office, and you will be contacted. We may have donated wool for you as well.

We are considering leaving some "mini" prayer shawls in the library.

If anyone interested in this project, please leave a message at the church office, 604-985-0666 or at 604-980-7977

Salal and Cedar Ministry

The Rev. Laurel Dykstra, our former curate, is very excited to announce Salal and Cedar, a new environmental justice ministry in the Anglican Diocese of New Westminster on Coast Salish territory where the Fraser River meets the Salish Sea.

- If you have a heart for creation
- If ocean, forest, river and field are where you feel most connected to God
- If you are concerned about global climate change
- If you want to bring your faith to work for ecological justice
- If you are an environmental activist but keep your faith quiet
- If you believe racial justice, economic justice and environmental justice are connected. This is a place for you!

Upcoming Events

Monday, September 21

7:00 pm. - Autumnal Equinox, Ministry Commissioning with Bishop Melissa Skelton at an outdoor location to be announced.

Sunday, October 16

Feast Day of St. Francis of Assisi at St. Anselm's Church

Come and see what can happen when Salal and Cedar comes to your church, on a Sunday morning.

We want to be a place for all ages, all families, all genders and will post accessibility information for our events.

Later in the year we will host a workshop on confronting oppression with compassion, make wine from local grapes, and gather for an advent retreat. In 2016 we are planning a camp for youth to build environmental justice leadership skills, strategies and communities. Stay tuned for more details.