



st. catherine's churchweek

This Week

May 17th - Coffee and Conversation in the Mary Pellat Room 10:30am

May 18th - Contemplative Eucharist in the Chapel 10:00am

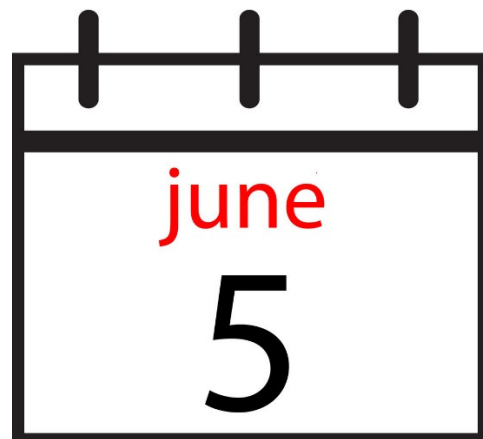
May 19th - Choir Practice in the Choir Room 7:30pm

NORTH VANCOUVER REGIONAL SERVICE GET TOGETHER

Enjoy worshipping in the company of our sisters and brothers in the Lutheran and Anglican Church in North Vancouver!

This year's service will be at Gloria Dei Lutheran, beginning at 10:30 a.m. The church is located at 1110 Gladwin Drive, just off the Trans-Canada Hwy.

St. Catherine's is asked to bring nibblies in the vein of cheese, crackers, pickles or salami, etc, for the reception following the service. Parking will be available at the Ismaili centre next door to Gloria Dei.





Webmaster Needed

A volunteer is needed to help maintain the St. Catherine's website. This involves using a simple program to upload pictures and current events details.

It's Fun • It's Easy • Full Training Provided

ADVENTURE
AWAITS

If you're interested please contact Randy in the church office.

Stay (Jan Richardson)

A Blessing for Ascension Day

I know how your mind
rushes ahead
trying to fathom
what could follow this.
What will you do,
where will you go,
how will you live?

You will want
to outrun the grief.
You will want
to keep turning toward
the horizon,
watching for what was lost
to come back,
to return to you
and never leave again.

For now
hear me when I say
all you need to do
is to still yourself
is to turn toward one another
is to stay.

Wait
and see what comes
to fill
the gaping hole
in your chest.
Wait with your hands open
to receive what could never come
except to what is empty
and hollow.

You cannot know it now,
cannot even imagine
what lies ahead,
but I tell you
the day is coming
when breath will
fill your lungs
as it never has before
and with your own ears
you will hear words
coming to you new
and startling.
You will dream dreams
and you will see the world
ablaze with blessing.

Wait for it.
Still yourself.