



ST. CATHERINE'S NEWSLETTER

Fall 2016

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Message from The Rev. Keith Gilbert our Interim Priest



Welcome to the late summer, early fall season of the Church year, which as Sharon points out, is so much driven by the school year. Looking ahead there will be several special liturgies in the months to come. We will keep the Feast of St. Francis on October 2nd, with a blessing of the animals and pets. Please leash or cage your pets, which are welcome at both the 8 a.m. and 10 a.m. liturgies. They will accompany you to the Altar for your communion, and then be taken for a blessing at another Station within the Church. The Reverend Shirley Stockdill will be assisting. Shirley has recently retired and has rejoined our congregation. Welcome back Shirley. The Feast of All Saints/ All Souls will be kept on October 30th. At that liturgy I will be remembering at the Altar, the names of loved one's who have passed. In due course there will be list's available for you to print the names you wish remembered .

I shall be away for some days in October, on vacation in Japan.

Next Newsletter Deadline
November 15, 2016

Please send items to Susan
Kimm-Jones at SEKJ@shaw.ca

and/or Heather Luccock at
hjluccock@shaw.ca

As many of you know, there is to be a Parish Morning on Saturday, September 24th from 9 a.m. till 1 p.m. This is a meeting of considerable importance to our Parish, so please plan on attending as we seek to discern God's hopes and dreams for St. Catherine's. Together, we can do infinitely more than we can ask or imagine.

Services at St. Catherine's
Sunday, 8:00 a.m. and 10:00 a.m. Eucharist
Mid-week - Wednesday Contemplative Eucharist 10:00 a.m.

A Morning of Reflection
Saturday September 24th
9 am – 1pm

Dear Friends,

The clergy and wardens invite you all to a morning of reflection on our community of St Catherine's. Now that we have settled into our interim period, it is a good time to begin to think about who we are and where we are going. This gathering will be facilitated by Maureen Simons, a consultant with our Diocese. She will go over the purpose and process of an interim period for a church. She will also guide us in reviewing the report that was prepared about St Catherine's after the cottage meetings in the spring of 2015. Many things have changed since then and yet it is important to bring closure to one chapter of our life together, while we prepare to move into a new one.

Opportunities such as these are important to strengthening the bond of our community and ensuring that all have input into discerning God's call into our future. Your participation is of vital importance and we look forward to your attendance.

From the Assistant Interim Priest, Rev. Sharon Salomons

By virtue of the fact that school begins in September, I always find that "new year feeling" much more pronounced at this time of the year. It is the time of year to buy new clothes, get some new notebooks and pencils, and have that feeling of a fresh start, a new page in life to start anew.

Spiritually speaking we get that fresh start every Sunday when we hear the words "Almighty God have mercy upon you.... pardon and deliver you... confirm and strengthen you...." The absolution is like being presented with a clean sheet in a fresh notebook. A new start to once again get back on track. To realign ourselves and our lives with God's dreams for us and for our world. No matter how many fresh starts we are given, there is always a bit of renewed energy there, just by knowing we have the opportunity to try again, to be renewed, to be given hope and courage for the next step in our life journey.

During this interim period, St Catherine's is preparing for a fresh start. My hope and prayer for us all during this time is that we too feel the renewed energy, the sense of hope and courage that a fresh start brings. When the people of Israel were in exile, God spoke to the people through the prophet Jeremiah with these words "For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope." May these words give us courage for our future as well! Happy September!

In the peace of Christ,

The Reverend Sharon Salomons

Messages from the Wardens

**Susanne Stockdill, Bishop's Warden, Tony Dodd, Peoples Warden,
Vivian McGie, Associate Warden**

As my appointment only began on July 1, I'm still getting by bearings and working out priorities. The focus of my work is administration and finance. I have been working closely with Keith, Randy and Urmilla to review processes and documentation. Our bookkeeper, Kathy Pogatsas, has resigned and we have engaged the services of Faranak Leilaby. She is a designated CGA and CPA and has extensive accounting experience. I also welcome Heather Peacock as our new Envelope Secretary, effective immediately.

You may see some changes in administrative processes. I will be sure to keep you all informed so you know what to expect but please don't hesitate to contact me if you have any questions or concerns at any time. The first change you will notice is that the folders for the Wardens, Treasurer and Envelope Secretary have been moved from the filing cabinet in the front entrance into the office. Given the number of individuals using our space and the fact that some of our work is confidential, I want to keep it a bit more secure.

Another change you will note is that the minutes of the Parish Council Meetings will be posted on the bulletin board in the front hall each month as well as uploaded to our website for you to read at your convenience. The minutes must be approved by Parish Council before they can be posted and so they will be one month behind (in August we will post the June minutes (as there was no meeting in July)). Please don't hesitate to be in touch if you have any questions or concerns.

I am looking forward to working with everyone to support and grow our good works both inside and outside our parish. **Susanne Stockdill, Bishop's Warden**

As Peoples' Warden and Pastoral Care Chair, Sharon Salomons and I have been working closely in keeping in close contact with our parishioners. We will be contacting those we have not seen for awhile. We will miss some parishioners, who are moving. We wish them all the best and will keep them in our thoughts and prayers. **Tony Dodd, Peoples Warden**

As of the month of August, I have taken on overseeing St. Catherine's Buildings and Grounds portfolio. With John Luccock's invaluable support and guidance, we plan to prioritize and complete several outstanding projects, such as renovating the disabled washroom and updating the church's telecommunications system. A big thank you to our summer students Tomo Ashby and Paul Oducayen who worked tirelessly painting, fixing, clearing overgrown paths and gardens, and beautifying the church and rectory property. A special note of sincere appreciation to Mary Savage and Phil Severy who have devoted themselves to looking after and maintaining the memorial garden. Sadly they will be leaving our parish family and we wish them well as they move to a new home in Delta.

Thanks to all the dedicated individuals who continue to care for and look after our gardens and grounds. **Vivian McGie Associate Warden**

There will be a memorial service for Pat and Gaye McCance on October 15th, 10:30 a.m. St. Catherine's Church. Reception to follow.

Prayer Shawl Ministry

Mary Savage

We at St. Catherine's began making prayer shawls some years ago in response to a ministry that began in 1988. They have been given to people needing extra support, such as those undergoing medical treatments and the newly bereaved. Some churches give them to new mothers, or to elderly people living in residences. When the Truth and Reconciliation ceremonies took place, our church and many others in B.C. rallied to have shawls available for those receiving counselling. We have been told that much comfort has been experienced by the recipients of these shawls.

We have also added "pocket prayer shawls", or prayer cloths. These have been welcomed as reminder to people in difficulty that they were not alone.

We worked with the parish of St. John the Evangelist at Chesterfield and 13th to establish a Diocesan prayer shawl group. The group meets on the second and fourth Tuesday of each month, 1:30-3:00 pm. If you wish to attend this group, contact Madeline Cooper at 604 -929-0930 for further details. Wool is provided.

In the next few months, we hope to have a blessing of prayer shawls, and we have created a basket of the pocket prayer cloths for the library at the back of the church. Anyone feeling in need of a prayer is welcome to take one.

If you want to knit a shawl or a pocket prayer shawl but are not able to attend the group, please leave your name with Randy at the St. Catherine's office. We have patterns, and some wool and needles are available.

For further information or inspiration, please look on line at: [Welcome To The Prayer Shawl Ministry www.shawlministry.com](http://www.shawlministry.com)

Here is a statement from one of the original contributors:

A quote from one of the original contributors

"Shawls ... made for centuries universal and embracing, symbolic of an inclusive, unconditionally loving, God. They wrap, enfold, comfort, cover, give solace, hug, shelter, and beautify. Those who have received these shawls have been uplifted and affirmed, as if given wings to fly above their troubles."

Used Stamps for recycling, still welcome – Lois Macgregor

A sincere thank you from the Canadian Bible Society to those members of the congregation who continue to save and contribute their used Canadian and International stamps. The District Office of the Society bundles the stamp when received and sells them to serious stamp collectors, using the proceeds for the distribution of bibles through their Prison Ministry in B.C.

Your envelopes or packages of used stamps may be left in the bottom drawer of the 2 drawer wood file cabinet outside our church office. Please remember to leave at least a quarter inch of paper around the stamps when removing them from envelopes or packages. This prevents the perforations of the stamps from being damaged. Your participation is appreciated - thank you.

Coffee & Conversation

We had a lovely Coffee & Conversation morning celebrating the Queen's birthday on June 20. There were scones, interesting memorabilia and a toast to the Queen



There will be no Coffee & Conversation in September.
**Next Dates October 18;
November 15**



On Eagle's Wings Mini Craft Fairs

A TIMELY REMINDER...

The Grand finale Craft Fair will be held on Sunday, November 20th during Coffee Hour.

Be sure and take advantage of this early opportunity to start your Christmas shopping from an irresistible variety of gifts.

All proceeds go to our outreach project

See you then. *On Eagle's Wings*.

The team...Phyllis, Sandra, Nancy, Judith and Bev

Homeless Cookies

Phyllis Mittlestead, & Lois Macgregor

It would be good to get some new contributors to our monthly cookie donations for the North Shore Homeless Shelter. They have relied on our goodies monthly since opening the shelter over ten years ago, enjoying a home-made snack with their coffee. Our faithful donors are "dwindling" in numbers. What a good way to start your fall season outreach in our community. The fourth Tuesday of every month (except December) donations are left in the church kitchen before noon. No regular commitment or obligation is required, your response is appreciated.

Music Programs – Heather Luccock

The Choir has enjoyed a summer break and is looking forward to a new start in the fall. During the summer we sang a beautiful anthem “Et misericordia” for women only in celebration of the feast of the Assumption of the Virgin Mary. Siiri is always open to creative ways to enhance the choir.

We are always looking for people who may wish to come and join us. It is a very joyful group and if you can carry a tune we would love to have you. Being able to read music is not a requirement but is, of course, appreciated by those of us who don't!

We are going to miss Gail Smith, our wonderful soprano, as she has moved to Nanaimo. We wish her well in her new home.

Joyful Voice Update

Alice Korfman will be away for a few weeks playing at West Van Presbyterian Church and various absences due to fall travel and other issues. Joyful Voice will not be part of the services in September and October. We will look forward to enjoying their music later in the fall.

Community Thanksgiving Dinner Saturday, October 8 at 6:00 p.m. Vivian McGie and Susanne Stockdill Coordinators

Please mark your calendar's with this important date on the Thanksgiving Day long weekend.

This event has become a special annual outreach for our parish as we provide a welcoming place and a home cooked dinner for those in our neighbourhood and region who might not otherwise enjoy such a meal.

We parishioners provide and prepare the homemade mashed potatoes, dressing, gravy, pies and fruit crisps for the enjoyment of people who are less fortunate than ourselves. We invite guests from such places as the Lookout Shelter, the Open Door Society, Harvest House, the Mental Health Society, and the Seniors' Hub, to name a few. We applied for and were fortunate to receive a grant from the City of North Vancouver in the amount of \$1200. This will cover the cost of cooked, sliced turkeys we purchase from the Tomahawk restaurant for the dinner.

This community outreach event relies on your help and support to make it a success. We will be appealing to your cooking and baking skills in the near future. And if cooking is not your forte, don't worry, we need lots of volunteers to set up and take down, staff the kitchen, decorate, and serve the food, and **TO DRIVE OUR GUESTS TO AND FROM THE CHURCH.**



Primate's World Relief & Development Fund (PWRDF)

from John Luccock, PWRDF Rep.

By early December 2015, Uganda had become home to almost 511,000 refugees and asylum seekers, making it the third largest refugee-hosting country in Africa, after Ethiopia and Kenya. There is currently a massive influx of refugees from South Sudan into Uganda. Due to recent violent clashes, 43,179 new arrivals are reported to have entered Uganda between the 7th and 26th of July 2016 compared to 33,308 received since January 2016.

PWRDF is responding to this need through the ACT Alliance with a grant of \$30,000 as part of a larger program to provide hygiene items, blankets, clothing, and kitchen kits, build communal shelters for the most vulnerable, build community and school latrines, construct 12 classrooms and 450 3-seater school desks, provide inclusive learning and teaching materials, and offer teacher trainings in refugee context. This grant is in addition to the of \$20,000 PWRDF provided to the Sudanese Development and Relief Agency (SUDRA) in



July to respond to the humanitarian crisis in South Sudan.

You can support PWRDF's efforts in Uganda:

- Online: PWRDF.org
- By Phone: for credit card donations contact Jennifer Brown 1-866-308-7973 (toll free) ext. 355;
- Please do not send your credit card number by email or fax.
- Please make cheques payable to PWRDF marked for "South Sudanese in Uganda" and send them to The Primate's World Relief and Development Fund
The Anglican Church of Canada, 80 Hayden Street Toronto, Ontario M4Y 3G2

Nyumazi Reception Center
Adjumani Refugee Settlement,
Uganda (Photo: Act Alliance)

Pastoral Care – Tony Dodd

Since our last newsletter a lot has been going on. Sharon Salomons and volunteers have been making regular communion and home visits.

We are saddened as two of our faithful members have died. Services will be forthcoming. We have one parishioner, at the time of this report in St. Paul's, and hopefully she will be out when this goes to print.

Andrew Wilhelm-Boyles is coping well and sends wishes to all at St. Catherine's. Please keep him in your prayers.

Stewardship 2017? Don't you mean 2016? – John Luccock

No! 2016 is quickly going to be over and we have to look to the future. Our Parish program for Stewardship 2017 will happen during the month of November, this year.

A Stewardship committee has been formed and has already made preparations for that month. To begin, on November 6th we will have as our guest preacher, the Reverend Shirley Stockdill to help us set our campaign in motion. Then, for the next few weeks, we will present our stewardship program. On November 27th, our Stewardship campaign will be completed with a Celebration Luncheon after Church.

Stewardship :*“Our World”, “Our Community”, “Our Church”, “Our Family”, “Our selves”*

Summer Maintenance Program 2016 at St. Catherine's **John Luccock & Randy Williams**

Summer Workers Program

Our summer student Workers, Tomo Ashby and Paul Odocayen completed their work on August 26th. Over the summer, they have been diligent working on behalf of our Parish. No job has been too small or too big for them to tackle. The number of tasks they have completed is wonderful. While it would take up too much time to enumerate them all, here are a few. They have cleaned and polished all the pews in the Church and Chapel. The Sanctuary wall in the Church has a coat of Varathene. The walls leading up to the Choir loft have also been done. On the outside they have painted and cleaned up the east side of the Church and the outside wall of the Mary Pellatt Room. Gutters and flat roofs have also been cleaned. All outside windows have been cleaned along with cleaning out cupboards. Tomo & Paul also spent a couple of days cleaning up the Rectory yard. We are, indeed, thankful for their due diligence and wish them luck in their University Studies this next year. The salaries of Student Summer Workers Program is mainly funded by the Federal Government.

At this time, we would like to thank Joe Coogan for again resurfacing our gym floor. Joe has also washed and waxed all the main floors throughout the buildings. Randy arranged to have all the carpets cleaned.

All in all it has been a busy summer. The Church complex has been given a good ‘face lift’.

Student Workers Tomo Ashby and Paul Odocayen busy sprucing up both the interior and exterior of the Church.



The Book Nook

At the back of the Church, is a wonderful library of resources pertaining to religious and church items. You will find anything from biographies, both contemporary and ancient, to church history. There are biblical annotation books, even a few books pertaining to this parish and Diocese. Just sign them out and return them when finished

The parish is grateful to Bev London who looks after the Book Nook and acquires new books as available.



Memorial Garden

We are saddened to say good-bye to Mary Savage and Phil Severy who are moving. We will miss their lovely maintenance of our Memorial Garden over the past few years. We wish Mary and Phil every blessing in their new home.

Thank you to Steve Jackson who is carrying on in tending the garden. Are there any gardeners who would like to participate in this important ministry?

Preschool News

Marion Porter, Developmental Resource Teacher

It is always exciting to welcome all our families back to school. This year our Discovery 2s are in the Rainbow Room. We have two classes: one is a Monday/Wednesday class and the other is a Tuesday/Thursday class. Our 3s are in the Tree House Room in the mornings. We have two classes: one is a Monday/Wednesday/Friday class and the other is a Tuesday/Thursday class. We have a 4s program Monday/Wednesday/Friday mornings and an extended program (4 hours) on Tuesday/Thursday/Friday. Our afternoon program is for 3s/4s and is a flex day program. Some children attend 2,3,4 or 5 times. This is a great program for children getting ready for Kindergarten. The themes for the next couple of months will be families, friendships, thanksgiving and all things Fall.

Rachel Buttress will once again run the music classes for the children. The music program is for the 3s and 4s. Each class of 20 is divided into two groups and go into the music room for 30 minutes. Rachel prepares our Christmas and Easter Services and these are performed in the Church for the families. Our Annual General Meeting will be held Thursday, September 22nd, 2016. Looking forward to a wonderful school year with lots of "Learning Through Play".



Editor's Note

*While the earth remains,
Seed time and harvest,
cold and heat,
winter and summer
and day and night shall
not cease.*

Genesis 8:22

A Moment of Reflection

The revelation of God in the endless cycles of nature - where "Day unto day utters speech, and night unto night reveals knowledge (Psalm 19:2) is clearly seen in the ebb and flow of the season that displays his common grace to all people.

Reflections by Ric Ergenbright

Newsletter Mailing

If you would rather receive this newsletter by email or wish to be taken off our mailing list, please let us know at sekj@shaw.ca or hjlucck@shaw.ca
