



## FALL NEWSLETTER

### Message from our Vicar The Rev. Dr. Sharon Smith

Greetings St. Catherine's Friends.

We have walked an unusual path over these last 5 months. It has been a rollercoaster ride of flowing in and out of gratitude, grief, hope, routine, disruption, anxiety and rest. What a mixture of experience and emotion.

And we have been in it together. Together in phone calls, together on zoom meetings, together watching services on the internet, together in the parking lot, and finding ways for a few of us to safely come together into the church. Each day, each moment is a risk and an adventure!

In my prayers and meditation, I find myself asking God: what are you teaching me through all of this? And as I ponder the list is growing.

I am learning...

- to pay attention to what is before me
- that I am not in control
- the benefits of technology
- that human beings are resilient
- that I need to let go of some things that don't serve me well now - like 3 month plans, like trying to make everyone comfortable, like multi-tasking
- that communities can adapt to new things
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Thank you to each of you for teaching me these ways, the ways that Jesus is leading us into.

I am amazed at how our movement to pre-recorded and Zoom services has enriched us, and drawn in pieces into our worship that offer something for each person among us in this community as we grow in diversity:

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Next Newsletter Deadline -  
**November 23, 2020**

Please send items to Heather  
Luccock at  
heatherluccock@gmail.com

Rev Sharon's Message Cont...

- familiar prayers and scriptures ground us in the traditions of old,
- poetry connects our hearts to our lived experience and everyday spirituality,
- art gives visual expression to the beauty of God here among us , and
- we open up culturally to other languages, the language of our hearts.

May God give us courage, even in this time of uncertainty, to take steps toward each other in all of our diversity.

With love and appreciation for each one of you,

Rev. Sharon

I go in and out, don't you?  
Into flow and gratitude, and out of it again  
Into grief and hopelessness, and out of it again.

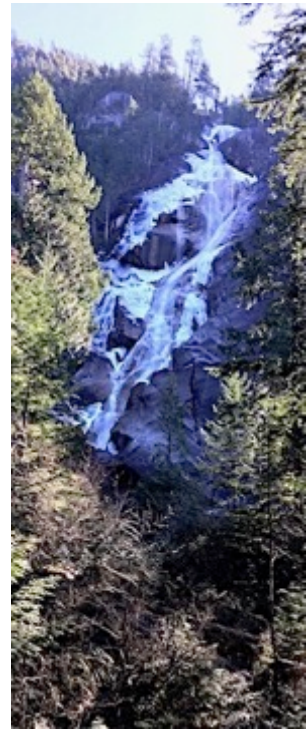
Into routine; cooking, walks, connection  
And then into bed, the bath, my head, my tears.

These days call for the ability to sway  
Sway into reality, sway into empathy,  
and back again.

Dip toes into fear, anxiety, awareness  
And rest in creativity, distraction, comfort.

We go in and out, like tides  
Creating our own slow rhythms  
Finding the pulse of survival.

- Alix Klingenberg



Shannon Falls in Winter  
photo by Heather Luccock

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### Parking Lot Service

The first of the Parking Lot Services was held on July 4 at 4:30 pm with about 27 people attending. It was a glorious evening and the opportunity to get together for worship was very much appreciated. The second service was held on August 8. Everyone expressed how much it meant to be able to see each other during this time of isolation. Many thanks to all who made the services possible. At the August service Kim Mead's 50<sup>th</sup> birthday was celebrated.

July Parking Lot Service  
Photos by Janet Morris



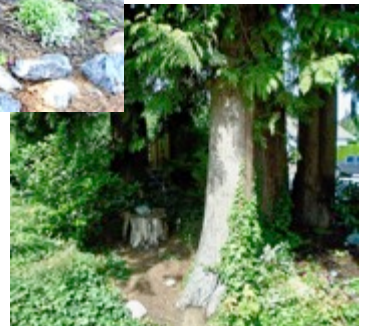
August Parking Lot Service  
Vivian McGie



### Glory Garden

I hope you are enjoying the beginning of our newest garden at the church. This is just the beginning, and the garden will expand with time and money. Any cuttings or small monetary donations you wish to make would be gratefully accepted. Please see me at church for further details!

Bonnie Grundy



Photos by Heather Luccock



### **Music, Music, Music** by Siiri Rebane

Do you love music, but feel that the inability to read it means that you can never join in? Do you like singing, but due to the COVID-19 restrictions cannot participate in a choir? Would you like to be part of a fun, social, and inclusive all-ages group, learn a new talent, and bring joy to others? Then the St. Catherine's Handbell Choir might be just what you're looking for.

We rehearse once a week in the sanctuary. This ample space allows us to conduct the rehearsals safely with appropriate social distancing.

St. Catherine's Handbell Choir will resume practices in September 2020. If you are interested or know someone who might be interested in joining the group, please email Siiri at [rebanesiiri@gmail.com](mailto:rebanesiiri@gmail.com) and indicate the days/times that will work for you. We are doing our best to find a rehearsal time that will be suitable for everyone. Again, no previous music experience is needed - just a sense of humor and an ability to count to four!

Hope to hear from you soon!

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### **New Vestments for the Altar - Nancy Sunderland**

How wonderful it is to start "in church" services again. A huge thank you Sharon and all those who have worked so hard to overcome the numerous challenges of COVID and Zoom.

The altar has taken on a new look during our time of isolation. The formal traditional heavy brocade frontals and fair linens have been put away, exposing a very elegant contemporary wooden altar.

Parish council approved a motion in February to order a pair of altar scarves for the altar from Bramante Studios. Bonnie Grundy and Nancy Sunderland met with two people from Bramante in the church to discuss the possibilities. A contemporary organic design was chosen using colours taken from the existing colours of the interior of the church: gold/yellow from the stained glass windows and logo, gold from the wood of the altar, purple from the carpet and we added green and white. These are the colours of nature and they offer the greatest versatility for use in most of the liturgical seasons of the year.



Photos by Heather Luccock

We hope that you like them.

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### *In Loving Memory*

Former member of St. Catherine's Church, **Eileen Shockley**, passed away at the age of 103 at her home in Sidney, B.C. She was a faithful and dedicated member of St. Catherine's for many years. Eileen, at the request of Rev. Ian Grant, set up the Fellowship of the Concerned later renamed the Friendship Circle. She was a member of the St. Catherine's Women's Guild and other parish organizations. Eileen was also well known in the West Vancouver School District where she served as a public health nurse for many years. She was predeceased by her husband, Don.

### **Preschool News**

**Marion Porter, Developmental Resource Teacher**

Unfortunately we were unable to run our Summer Program in July. Tina and I spent time drafting safety guidelines for reopening the preschool in September. All of our dedicated teachers will be returning August 31st to do a deep clean of the classrooms and toys. We will be limiting the number of children with their parents who will be attending at one time during gradual entry. When gradual entry is over, the teachers will be meeting the children at assigned spots in the parking lot, and they will also be taking the children up to their parents when classes are over. This will limit the number of adults in the building. There will be more frequent hand washing/sanitizing throughout the day. More time will be spent outdoors in our playground with smaller groups for circle time and snack time. Each child will have his/her own little basket of toys each morning. We still have spaces in our Discovery 2s and in our 3/4s classrooms. The preschool appreciates all the guidance and support from Rev Sharon and the Wardens over the past 6 months.

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### **St. Catherine's Summer Workers Program - John Luccock**

This summer, we were able to hire 2 young people for 8 weeks. Beth Scott and Mike Rosse were a perfect fit for these jobs. Each brought a broad variety of skills that were applicable to our needs. They cut down a mini jungle in the back of our property. Our pews, windows, and many spaces were cleaned and polished. Their painting skills were used in our Hallway under the Church, outside along the fences and our benches in the Memorial Garden. The major item was the painting of the outside of the church along Ridgewood Drive. The clean out of small rooms, furniture and even fire escapes were all completed. Our thanks to this team for their work.

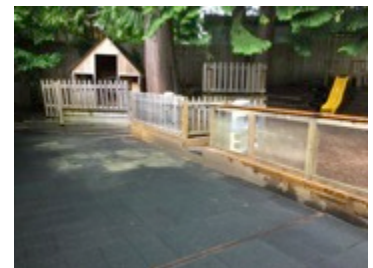
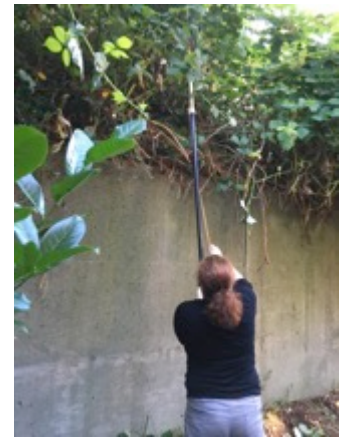
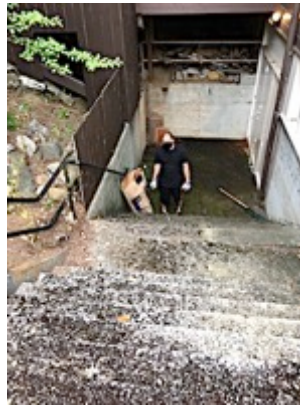
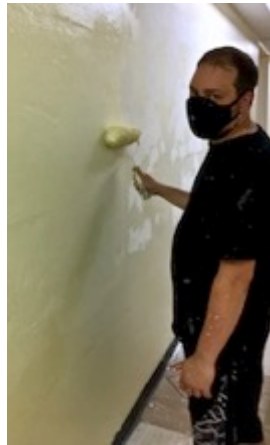
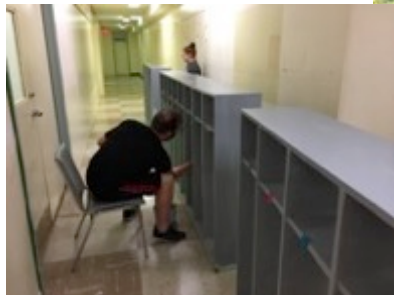
One position was made possible by Parish Funds and the other was a grant from the Federal Government's Student Work Program.

Cont...see photos

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Summer Workers Program Cont...

Hard at work at the various tasks - Photos by John Luccock



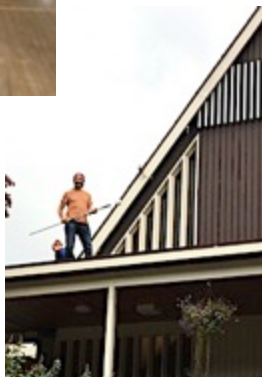
**Special jobs by Parishioners**

Nairn Grundy helped us out with his expertise in a number of areas.

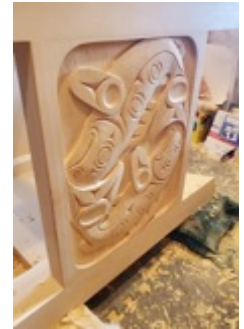
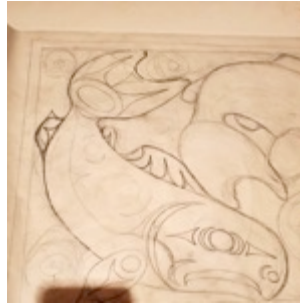
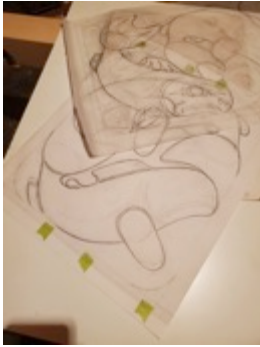
Joe Coogan, again refinished our Gym floor & cleaned the floor in Greig Hall

Paul Clark assisted with painting the Church Exterior off of Ridgewood Drive.

Kim Mead has coordinated our Gardening program







Making the New Font – Photos by Jim Charlie

### Our New Font – Linda K. Robertson

St Catherine's new font is a stunning piece of art. The large glass bowl has a whale design sand blasted into it. It is one of a series of such bowls some of which were commissioned for churches in Texas as baptismal fonts. The bowl was donated to St. Catherine's by Kelsey, daughter of Jacqui Smart. This large kiln-formed bowl with a whale design etched on the bottom was crafted by a team of incredible artists, under the supervision of multi-discipline artist and Lower Mainland resident, David Danchuk.



The stand on which the glass bowl rests was carved by the well-known First Nations carver Jim Charlie. Jim was born in North Vancouver in 1967 and currently lives on First Nations land in the Village of Capilano near the Lions Gate Bridge. He is a member of the Squamish Nation which is part of the Coast Salish people. Jim has been carving since he was a child. He comes from a long line of First Nations artists and carvers. His grandfather was Dominic Charlie, a highly regarded carver. He was mentored by some of the most highly respected First Nations artists. His great-grandparents were Joe and Mary Capilano and Mary Ann and Jericho Charlie.



In addition to selling his art in many galleries in the Vancouver area, Jim creates commissioned works. A totem pole he carved is in Switzerland commissioned by a Swiss client and he is currently working on a coffee table for a customer who wants four bears as legs looking into a pool of salmon. He says he would love to carve more fonts (ours was his first commissioned font) and someday would love to

Photos by Heather Luccock

carve a lectern or a pulpit!

Jim was fortunate to find a piece of rare Yellow Cedar for the font. He says this also makes our font unique as such wood is hardly ever found.

Cont....

New Font cont...

It was important to St Catherine's that our font have a Salish design to honour the Salish people of the Squamish, Musqueam and Tsleil-Waututh Nations on whose land our church sits.

Jim chose the salmon because the Salish people believe that the salmon have a spirit sent by the Creator to nourish us. He also researched the fish symbol in Christianity and looked at Anglican traditions and found that fish were an important symbol in the early Christian Church. Jim was raised in the Catholic Church and is now Baptist.

There are two salmon carved on each side of the font for a total of eight. The number eight in Christianity symbolizes new creation and a new beginning. Eight is also the symbol of Infinity representing the infinite energy and love of God.

Jim says he carved one salmon swimming up and the other one swimming down so that they are flowing up and down around the font like a piece of music.

Jim says that his art is not his. "I let the Creator guide me and the Creator's Spirit flows through my hands." He is a deeply spiritual person honouring both the Christian and Squamish traditions.



St Catherine's is blessed to have such a stunning piece of art carved by an outstanding Squamish artist.

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## The Primate's World Relief and Development Fund



The Primate's World Relief and Development Fund is the Anglican Church of Canada's agency for sustainable development and relief.

P.W.R.D.F. is in urgent need of donations to aid in support of the victims in Beirut, Lebanon, following the massive explosion.

The deaths, injuries and destruction of properties, hospitals, schools comes at a time of hardship with the Covid, as well as political and economic unrest.

Please visit the online donation page <https://pwrdf.org/give-today> and make your gift in the Emergency Response box.

- ✓ Or call 1- 416 - 822 - 9083 to speak to a person at P.W.R.D.F.
- ✓ Or Cheques may be sent directly to P.W.R.D.F. 80 Hayden Street, Third Floor  
Toronto, Ontario, M4Y - 3G2

( Please write Beirut Explosion in the memo field)

Cont...

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P.W.R.D.F. continues to respond to the Covid pandemic by supporting our partners in Canada and around the world ie, Kenya, Bangladesh, Sudan.

These vulnerable countries have become even more so during the pandemic.

Thank you for your donations and keeping these people and situations in your prayers.

For further details on the P.W.R.D.F. response here in Canada and abroad please see their website.

Monica Macdonald, PWRD Rep.

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### **Faith-based reflections on the Thursday 20 August Democratic Convention, as Broadcast on MSNBC. By Phil Sunderland**

I was very pleasantly surprised last Thursday evening by a number of aspects of the wrap-up to the Democratic Party convention. I have gotten used to the Republicans referring to Democrats as "godless Philistines" because of their failure to criticize pro-choice policies, etc. But instead, the Democrats emphasis throughout the convention was the theme "Love Over Hate"

One of the things that impressed me about the support given to Joe Biden on the final night of the Democratic convention was a message by Sr. Simone Campbell, among other things leader of "Nuns On the Bus".

She offered the prayer:

"Divine Spirit, during the weeks and months ahead stir our hearts and minds that we might together fight for a vision that is worthy of you, and of your call to honour the dignity of all of your creation. A vision of who we are as a people grounded in community, and care for all, especially the most marginalized. A vision that cares for our earth and heals the planet, a vision that ends the structural racism, bigotry and sexism so rife now in our nation and in our history.

A vision that ensures that hungry people are fed, children are nourished, immigrants are welcomed. Oh Spirit, breath in us and our leaders a new resolve that, committed to this new American promise we will work together grounded in healing, fearlessly based on truth, and living out of a sense of shared responsibility. In the name of all that is Holy, bring out of this time of global and national chaos a new creation, a new community that can with your help realize this new promise that we affirmed tonight. And so with profound hope let we the people say AMEN!"

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### **Newsletter Mailing**

If you would rather receive this newsletter by email or wish to be taken off our mailing list, please let us know at [hjlucck@shaw.ca](mailto:hjlucck@shaw.ca). Office hours Monday - Friday 9:00 a.m -1:00 p.m. Phone: 604-985-0666  
Parish Administrator, Natasha Stegeman, Address: 1058 Ridgewood Drive, North Vancouver  
[www.saint-catherines.org](http://www.saint-catherines.org).

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