



**A JOURNEY OF A
THOUSAND MILES BEGINS
WITH A SINGLE STEP.**



Communities Taking the Next Step

WITH MENTAL HEALTH, FAITH & HOPE

**OCT
4**

SUNDAY 4:00 - 5:30 pm on Zoom

How have you maintained a sense of hope during COVID 19 pandemic? How has your faith community engaged with mental health issues and faith over time? Do you have any resources that you would like to share with others?

Join members of faith communities on the North Shore, as we discuss the steps we are taking.

Hosted by St Catherine's Anglican Church.

Register by email:
communitiesnextstep@gmail.com