

Gathering up what has been...
leaning towards the year to come...

2021... 2022

These are 'good things' of 2021...
...something graced or given to me...

...something I feel proud or
grateful to have leaned into
or helped make happen...

Do these offer
any clues for how I want to use
my energy/time/money in 2022?

These **people** have been
a blessing to me....they enriched
my life in a big way or
helped make it possible...

In 2021, these are two **insights**
I gained in the school of life...

These are **sorrows**
or **sufferings** I have known...

What **rhythms** or **practices**
helped to sustain me in 2021 (or some parts of it)?
Are there clues here for practices I'd like to foster or
strengthen in 2022?

What is helping me cradle
these with exceeding
tenderness?

These **three books**..
podcasts.. **encounters**.. or **films**..
stay with me from
this year...

(with a little note
of what specifically
made an
impression)

I saw **love and beauty**...

(or vitality)...

here...

here...

... and... ... and...

here...

This is
a question I am holding
and wanting to live into in the coming days...

Is there
a **prayer** or **tender yearning** I carry
in my heart - for myself and us all -
as we journey into the days ahead?

As I step into 2022, this is something
I want to remember and
hold close to my heart...