



Third Sunday after Epiphany
January 21st, 2024, 10 am

Priest: The Reverend Sharon Smith
Assistant Priest: The Reverend Laurel Dykstra
Musician/Choir Director: Rob Gloor
Building/Office Administrator: Natasha Stegemann
Community Engagement Coordinator: Marymil Cabrera
Facilities Coordinator: Ashkon Vahedi
Wardens: Vivian McGie, Linda Robertson, Chris Wensley

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, near the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Skwxwú7mesh (Squamish) and səlililwətaɣ (Tsleil-Waututh) Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,
Sustainable, Caring and Humble



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SAINT CATHERINE'S ANGLICAN CHURCH

Anglican Church of Canada - Diocese of New Westminster
Situating on the unceded traditional Coast Salish territory
of the Skwxwú7mesh (Squamish) and səliilwətaʔ (Tsleil-
Waututh) First Nations

*Votive candles are available to light during communion. Please consider
a donation to the candle fund. We ask that you light one candle per
person with a fresh lighting stick and extinguish it in the sand.*

GATHERING

PRELUDE

WELCOME AND INTENTIONS: Rev Sharon Smith

Presider: For thousands of years, indigenous people
have walked on this land; their relationship
with the land is at the centre of their lives and
spirituality. We are gathered on the traditional
territory of the Skwxwú7mesh (Squamish) and
(səliilwətaʔ) Tsleil Waututh peoples.

**All: We acknowledge their stewardship of
this land.**

Presider: We who come from other lands express our
gratitude for the blessing of living, working,
playing, laughing and loving on this
beautiful land.

All: Thanks to be God

GATHERING HYMN: WHEN LONG BEFORE TIME

When long before time and the worlds were begun,
when there was no earth and no sky and no sun,
and all was deep silence and night reigned supreme,
and even our Maker had only a dream...

The silence was broken when God sang the Song,
and light pierced the darkness and rhythm began,
and with its first birth-cries creation was born,
and creaturely voices sang praise to the morn.

The sounds of the creatures were one with their Lord's,
their harmonies sweet and befitting the Word;
the Singer was pleased as the earth sang the song;
the choir of the creatures re-echoed it long.

To you, God the Singer, our voices we raise;
to you, Song Incarnate, we give all our praise;
to you, Holy Spirit, our life and our breath,
be glory forever, through life and through death.

Presider: The grace of our Lord Jesus Christ,
 and the love of God,
 and the fellowship of the Holy Spirit,
 be with you all.

People: **And also with you.**

Presider: Loving God,

All: **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit
that we may perfectly love you
and worthily magnify your holy Name
through Christ our Lord.
Amen.**

Silence is kept.

GLORIA

Gloria, Gloria, in excess Deo!
Gloria, Gloria, alleluia, alleluia!

PRAYER OF THE DAY

Presider: Lord of time fulfilled,

**All: who was not born an angel but walked
the common earth: with those you called
by the lakeside; may we share your
mission to bring good news to all, to let
the world know that God is among us;
through Jesus the Christ, Amen**

PROCLAMATION OF THE WORD

FIRST READING: JONAH 3:1-5, 10

The book of Jonah is a comedy starring a reluctant prophet who is given a one-sentence message: Nineveh will be destroyed in forty days. Much to Jonah's dismay, the people of Nineveh repent. The point of the story is to get the reader to wrestle with the question "On whom should God have mercy?"

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it

Reader: Let us hear what the Spirit is saying.

People: Thanks be to God.

PSALM 62:5-12

Led by Elizabeth Barratt

Leader: For God alone I wait in silence;
truly, my hope is in God.

**People: God alone is my rock and my salvation,
my stronghold, so that I shall never be
shaken.**

Leader: In God is my deliverance and my honor;
God is my strong rock and my refuge.

**People: Put your trust in God always, O people,
pour out your hearts before the one who
is our refuge.**

Leader: Those of high degree are but a fleeting breath;
those of low estate cannot be trusted. Placed
on the scales together they weigh even less
than a breath.

**People: Put no trust in extortion; in robbery take
no empty pride;
though wealth increase, set not your
heart upon it.**

Leader: God has spoken once, twice have I heard it,
that power belongs to God.

**People: Steadfast love belongs to you, O Lord,
for you repay all according to their
deeds. Amen**

SECOND READING: THE FISH by MARY OLIVER

The first fish
I ever caught
would not lie down
quiet in the pail
but flailed and sucked
at the burning
amazement of the air
and died
in the slow pouring off
of rainbows. Later
I opened his body and separated
the flesh from the bones
and ate him. Now the sea
is in me: I am the fish, the fish
glitters in me; we are
risen, tangled together, certain to fall
back to the sea. Out of pain,
and pain, and more pain
we feed this feverish plot, we are nourished
by the mystery.

Reader: Let us hear what the Spirit is saying.

People: Thanks be to God.

GOSPEL HYMN: THE LOVE OF JESUS CALLS US

The love Jesus call us
our joyous praise to sing;
our deeply felt thanksgivings
we now together bring,
for all God's many blessings,
unmasked yet still received,
and for the generations
who faithfully believed.

The love of Jesus call us,
that we may always be
companions on a journey,
where all the world may see
that serving Christ is freedom
which time does not destroy;
where Christ's command is duty,
and every duty joy.

The love of Jesus calls us
to go where he would go,
to challenge all their limits,
to change, to learn, to grow,
to know that Christ has freed us,
that prisons are no more;
for those who seek his kingdom,
Christ opens every door.

GOSPEL READING: MARK 1:14-20

Before Jesus calls his first disciples, he proclaims a message that becomes known as "the gospel" meaning good news from God. Jesus then invites his friends to fish for people.

Presider: The Lord be with you.

People: And also with you.

Presider: The Holy Gospel of our Lord Jesus Christ
according to Mark.

People: Glory to you, Lord Jesus Christ.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people."

And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Presider: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

GOSPEL HYMN CONTINUED

The love of Jesus call us
in swiftly changing days,
to be God's co-creators
in new and wondrous ways;
that God with loving people
may so transform the earth,
that love and peace and justice
may give God's kingdom birth.

HOMILY: Rev. Sharon

Reflective silence follows.

AFFIRMATION OF FAITH:

Presider: We believe in God

**All: Who is older than eternity
and younger than our next breath;
who is beyond describing
yet knows us all by name;
who inspires faith
yet cannot be contained by religion.
We believe in Jesus Christ;
flesh of our flesh, bone of our bone;
He came in the body
to give worth to every human life.**

All: He touched the untouchable,
loved the unlovable and endured slander,
persecution and death.

**We believe that God's Kingdom
comes on earth Through Christ's
suffering love.**

**He rose from the grave as living proof
that what is laid down in faith
will be raised in glory.**

**He ascended to heaven
to be present at all times to all people.**

**We believe in the Holy Spirit,
Who leads us into truth and freedom,
who gives good gifts to all God's children,
who works through prayer and politics,
through justice, care of creation
and the healing of the nations.**

**We celebrate the potential
God has given; the life in our bodies,
the yearning in our souls, the promise of
good things in store for those who love
and serve their maker.**

PRAYER

PRAYERS OF THE PEOPLE

CONFESSION:

Presider: You bring our fear into the light of love;

All: we prefer to hide in the shadows.

Presider: Lord have mercy

All: Lord have mercy

Presider: You promise healing for the earth;
All: we turn our backs on our common world.

Presider: Christ have mercy
All: Christ have mercy

Presider: You come near in the vulnerable word
made flesh;

**All: we worship distant idols of
celebrity and power.**

Presider: Lord have mercy
All: Lord have mercy

THE PASSING OF THE PEACE

Presider: The peace of Christ be always with you.
People: And also with you.

*The community, standing at our seats, greet one another
saying or gesturing: 'Peace be with you'.*

COMMUNION

PREPARING THE TABLE: GOD THE CREATOR

God the Creator, you in love made me
who once was nothing but now have grown.
I bring the best of all my life offers;
for you I share whatever I own.

O Christ the Saviour, you in love called me
who once was no one, lost and alone.
I pledge to go wherever you summon,
making your will and purpose my own.

O God the Spirit, you in love move me
who once was nowhere and felt unknown.
I know my need of you for companion:
all things can change when not on my own.

And with the people summoned together
to be the church in which faith is sown,
I made my promise to live for Jesus
and let the world know all are his own.

PRAYER OVER THE GIFTS

Presider: God of steadfast love,
**All: may our offering this day,
by the power of your Holy Spirit,
renew us for your service.
We ask this in the name of Jesus
Christ the Lord.**

THE EUCHARISTIC PRAYER *(Supplemental Prayer 3)*

Presider: The Lord be with you.
People: And also with you.
Presider: Lift up your hearts.
People: We lift them to the Lord.
Presider: Let us give thanks to the Lord our God.
People: It is right to give our thanks and praise.

Presider: It is indeed right to thank you and praise you,
holy and gracious God,
creator of all things,
ruler of heaven and earth, sustainer of life,
for you are the source of all goodness,
rich in mercy and abounding in love;
you are faithful to your people in every
generation, and your word endures for ever.

Therefore with angels and archangels,
with the fellowship of saints
and the company of heaven,
we glorify your holy name,
evermore praising you and singing,

Sung Sanctus (St Brides setting)

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full
Are full of your glory.**

**Blessed is the One who comes
in the name of the Lord.
Hosanna in the highest.
Hosanna in the highest.**

Presider: We praise you, merciful
Mother and Father,
not as we ought, but as we are able,
because in your tender love
you gave the world your only Son,
in order that the world might be saved through
him. He made you known by taking the form of
a servant, healing the sick, liberating the
oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross,
he confronted the power of sin
and disarmed it for ever.
In his offering of himself,
he became the perfect and sufficient sacrifice
for the sins of the whole world.
Redeemed by Christ,
we have been adopted as your children;
by your pardon
you have made us worthy to praise you.

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks, broke the bread,
gave it to them, and said, "Take and eat:
this is my body which is given for you.

Presider: Do this for the remembrance of me."

After supper he took the cup of wine, and
when he had given thanks,
he gave it to them,
and said, "Drink this all of you:
this is my blood of the new covenant which is
shed for you and for many for the forgiveness
of sins. Whenever you drink it,
do this for the remembrance of me."

In obedience to him and with grateful hearts
we approach your holy table,
remembering our Saviour's sacrifice,
and rejoicing in his victory.
Confident in his sovereign purpose,
we declare our faith.

**All: Christ has died,
Christ is risen,
Christ will come again.**

**All: Send your Holy Spirit on us
that as we receive this bread
and this cup we may partake of the body
and blood of our Lord Jesus Christ,
and feed on him in our hearts
by faith with thanksgiving.**

Presider: May we be renewed in his risen life,
filled with love, and strengthened in our will
to serve others;
And make of our lives, we pray,
a pure and holy sacrifice, acceptable to
you, knitting us together as one in your Son
Jesus Christ, to whom,
with you and the Holy Spirit,
be all honour and glory, now and forever.

All: Amen.

LORD'S PRAYER *(Sung):*

All: **Our Father in heaven,
hallowed be your name.
Your kingdom come, your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and forever.**

FRACTION (Breaking of Bread):

Presider: We break this bread
to share in the body of Christ

All: **We, being many, are one body,
for we all share in the one bread.**

INVITATION TO THE TABLE:

Presider: The gifts of God for the people of God

People: **Thanks be to God.**

COMMUNION

*All people are welcome to receive Communion of one kind
(Fresh Bread or Wafers) at the station below the stairs, or
Communion of one or both kinds at the Altar. Wine is
administered from a common cup. Gluten free wafers are
available upon request.*

*Please sanitize your hands before receiving.
While the communion is being administered, we respectfully
ask that you keep the silence.*

Candle lighting during this time is welcomed.

OFFERTORY:

If you wish to give a gift to support the ministry of St. Catherine's Church, offertory plates are available in the front of the church and at the entrances/exit.



Make use of an envelope provided for donations of \$20 or more, tax receipts will be issued if name and address are included; OR

Make use of this QR code with your device to donate through Canada Helps, tax receipts are sent by email.

COMMUNION HYMN: SPEAK, O LORD

Speak, O Lord, as we come to You
To receive the food of Your holy Word
Take Your truth, plant it deep in us
Shape and fashion us in Your likeness
That the light of Christ might be seen today
In our acts of love and our deeds of faith
Speak, O Lord, and fulfill in us
All Your purposes for Your glory

Speak, O Lord, and renew our minds
Help us grasp the heights of Your plans for us
Truths unchanged from the dawn of time
That will echo down through eternity
And by grace, we'll stand on Your promises
And by faith, we'll walk as You walk with us
Speak, O Lord, 'til Your church is built
And the earth is filled with Your glory

PRAYER AFTER COMMUNION

Presider: O God, our life, our strength, our food,
**All: we give you thanks for sustaining
us with the body and blood of your Son.
By your Holy Spirit,
enliven us to be his body in the world,
so that more and more
we will give you praise and
serve your earth and its many peoples,
through Jesus the Christ, our Lord. Amen.**

SENDING

ANNOUNCEMENTS: Vivian McGie

Presider: Glory to God,
**All: whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to
generation, in the church
and in Christ Jesus, for ever and ever.
Amen.**

BLESSING – Rev. Sharon

SENDING HYMN: GO TO THE WORLD

Go to the world! Go into all the earth.
Go preach the cross where Christ renews life's worth,
baptizing as the sign of our rebirth. Alleluia!

Go to the world! Go into every place.
Go live the word of God's redeeming grace.
Go see God's presence in each time and space. Alleluia!

**Go to the world! Go struggle, bless and pray;
The night of tears give way to joyous day.
As servant church, you follow Christ's own way. Alleluia!**

**Go to the world! Go as the ones I send,
for I am with you till the age shall end,
when all the hosts of glory cry, "Amen!" Alleluia!**

Dismissal:

Presider: Go forth in the way of love,
as instruments of peace.

People: **Thanks be to God.**



**All are invited to the back of the church
for coffee and conversation.**

Thank you for ministering this morning:

Presider &

Preacher: Rev. Sharon Smith

Music: Rob Gloor & Choir

Greeters: Marion Porter and Julia Hadrill

Altar Guild: Sharon Fedorak

Coffee Group: Penny Zuk, Susana Wensley and
Julia Hadrill

Readers: **1)** Elizabeth Barratt **2)** Tony Dodd

Intercessor: Hugh Croshwait

Eucharistic

Administrators: Shaunti Bains, Lynn Spence,
Ethan Spence

Livestream: Ashkon Vahedi

Sunday Teacher: Shaunti Bains

COMMUNITY UPDATE: EVENTS | NEWS | PEOPLE

After the service, please feel free to join us for the **Pilgrim**, a course for the Christian Journey from 11:30 a.m. to 12:30 p.m. in the Mary Pellatt Room



MEET OUR ASSISTANT PRIEST

Rev. Laurel Dykstra has joined our community for 2024. Some of you may remember when Laurel was a curate at St. Catherine's in 2021-2014 but lots has changed since then. We are hosting four informal conversations in person at the church and on Zoom so that we can get reacquainted. All interested community members are encouraged to come with questions you want to ask and things about St. Catherine's that are important to you.

Below is the schedule for these gatherings:

Wednesday, Jan 24, 5 PM on the Ridgewood Patio (bring your own bagged supper)

Wednesday, Jan 31, 7 PM on Zoom

Sunday, Feb 4 after Soul Food Sunday in the church

Check out our website for updates.

Don't forget to subscribe to our Newsletter for more information: www.saint-catherines.org

COMMUNITY UPDATE: EVENTS | NEWS | PEOPLE



EMERGENCY FOOD PROGRAM AT ST. CATHERINE'S

Saint Catherine's has partnered with Harvest Project, to help address food emergencies in the North Shore and is set to start on February 14th, Wednesday at 2 p.m.

Our Food Emergency Program is designed to provide immediate assistance to individuals and families facing food insecurity in the North Shore, provide essential sustenance, as well as cultivate a sense of belonging and shared responsibility within our community. At the core of our Food Emergency Initiative is a simple yet powerful idea: neighbours helping neighbours.

If you are interested in getting to know more about this, you may email Marymil at community_engagement@shaw.ca

On January 23, Tuesday, the group of volunteers will have a meeting in person or on Zoom, in preparation for the Emergency Food Program launching.

You may also help in distributing the posters to spread the word, especially to those in need. Posters are available in the church office.



SAINT CATHERINE'S ANGLICAN CHURCH

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