



Fifth Sunday in Lent March 17, 2024 at 10 am

Priest: The Reverend Sharon Smith
Assistant Priest: The Reverend Laurel Dykstra
Musician/Choir Director: Rob Gloor
Building/Office Administrator: Natasha Stegemann
Community Engagement Coordinator: Marymil Cabrera
Facilities Coordinator: Ashkon Vahedi
Wardens: Vivian McGie, Rhonda Garton

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, at the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Squamish and Tsleil-Waututh Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,
Sustainable, Caring and Humble

Bulletin image: from FreePik, aka flowers handicraft workshop

*All songs not in the hymnal are licensed with:
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SAINT CATHERINE'S ANGLICAN CHURCH

Anglican Church of Canada - Diocese of New Westminster

Situated on the unceded traditional Coast Salish territory
of the Squamish and Tsleil-Waututh First Nations

*Votive candles are available to light during communion. Please consider
a donation to the candle fund. Please light candles with care and
extinguish the lighting taper immediately after lighting.*

GATHERING

WELCOME & INTENTION:

A moment of silent reflection.

PRAYER OF PURITY:

(Book of Alternative Services)

Presider: Ever-present God,

**All: To you all hearts are open
all desires known, and from you no
secrets are hidden:**

**All: Cleanse the thoughts of our hearts by the
inspiration of your Holy Spirit, that we
may perfectly love you, and worthily
magnify your holy Name;
through Christ our Lord. Amen.**

Silence is kept.

Presider: Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes us all and invites us
to this table. Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

**All: we confess that we have sinned
against you in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you
with our whole heart; we have not loved
our neighbours as ourselves.
We are truly sorry and we humbly repent.**

**All: For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will, and
walk in your ways, to the glory of your
name. Amen.**

Presider: All Loving God
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All: Amen.

Kyrie (Lord Have Mercy)

Kyrie eleison,
Kyrie eleison,
Kyrie eleison,
Kyrie eleison.

Silence is kept.

PRAYER OF THE DAY

Presider: We ask you all loving God

All: Who works in the hearts and minds of all creation

To protect and shield your people as you did Patrick

With all the fortitude and gentleness of your creation.

Plant in us seeds of change and inspire a yearning in our hearts

that we may come to love new habits and patterns of life that care for your creation.

May we find joy in making choices that love your creation as much as you do

**May we work to reduce the threats to vulnerable neighborhoods and habitats,
So to support a vibrant and verdant healthy home for future generations.**

Amen.

GATHERING HYMN: BE THOU MY VISION

Be Thou my vision, the Lord of my days;

Guiding my steps and directing my ways.

You my best thought by day or by night,

Waking and sleeping, Your presence my light.

Be, Lord, my wisdom, my thought, my true word.

I ever with you and you with me, Lord:

You my great Father Your own may I be,

You in me dwelling, and I one with Thee.

Riches I need not, nor the world's empty praise;

You my inheritance, now and always:

You and You only, first in my heart,

High King of heaven, my treasure You are.

High King of heaven, when journey is done,
May I reach heaven's joys, bright heaven's Sun!
Heart of my own heart, whatever befall
still be my vision, O Ruler of all.

PROCLAMATION OF THE WORD

FIRST READING: JEREMIAH 31:31-34

The Judeans in Babylon blamed their exile on their ancestors, who had broken the covenant established at Sinai. Here the prophet looks to a day when God will make a new covenant with the people. There will be no need to teach the law, because God will write it on their hearts.

The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the LORD. But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the LORD," for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

Reader: Let us hear what the Spirit is saying.

All: Thanks be to God.

PSALM 51:1-12

Led By Gordon Lee

Leader: Have mercy on me, O God, according to your steadfast love;
in your great compassion blot out my offenses.

People: Wash me through and through from my wickedness, and cleanse me from my sin.

Leader: For I know my offenses, and my sin is ever before me.

People: Against you only have I sinned and done what is evil in your sight; so you are justified when you speak and right in your judgment.

Leader: Indeed, I was born steeped in wickedness, a sinner from my mother's womb.

People: Indeed, you delight in truth deep within me, and would have me know wisdom deep within.

Leader: Remove my sins with hyssop, and I shall be clean; wash me, and I shall be purer than snow.

People: Let me hear joy and gladness; that the body you have broken may rejoice.

Leader: Hide your face from my sins, and blot out all my wickedness.

People: Create in me a clean heart, O God, and renew a right spirit within me.

Leader: Cast me not away from your presence, and take not your Holy Spirit from me.

People: Restore to me the joy of your salvation and sustain me with your bountiful Spirit. Amen.

SECOND READING: ST. PATRICK'S BREASTPLATE

The prayer called St. Patrick's Breastplate, attributed to the patron of Ireland, is a powerful call for divine help in time of adversity. It is also called the Deer's Cry because it is said that Patrick spoke this invocation and was transformed into a doe, and his followers to fawns in the eyes of his enemies.

I bind to myself to-day, The power of Heaven, The light of the Sun, The whiteness of Snow, The force of Fire, The flashing of lightning, The velocity of Wind, The depth of the Sea, The stability of the Earth, The hardness of Rocks.

I bind to myself to-day, The Power of God to guide me, The Might of God to uphold me, The Wisdom of God to teach me, The Eye of God to watch over me, The Ear of God to hear me, The Word of God to give me speech, The Hand of God to protect me, The Way of God to prevent me, The Shield of God to shelter me, The Host of God to defend me.

Reader: Let us hear what the Spirit is saying.

All: Thanks be to God.

GOSPEL HYMN

I BIND UNTO MYSELF TODAY

I bind unto myself today
the strong name of the Trinity.
by invocation of the same,
the Three in One, and One in Three.

I bind this day to me forever,
by power of faith, Christ's incarnation
his baptism in the Jordan river,
his death on Cross for my salvation;
his bursting from the spiced tomb,
his riding up the heavenly way,

his coming at the day of doom,
I bind unto myself today.

I bind unto myself today
the virtues of the starlit heaven,
the glorious sun's life giving ray,
the whiteness of the moon at even,
the flashing of the lightning free,
the whirling wind's tempestuous shocks,
the stable earth, the deep salt sea
around the old eternal rocks.

I bind unto myself today
the power of God to hold and lead,
his eye to watch, his might to stay,
his ear to hearken to my need,
the wisdom of my God to teach,
his hand to guide, God's shield to ward;
the word of God to give me speech,
his heavenly host to be my guard.

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

I bind unto myself the name,
the strong name of the Trinity,
by invocation of the same,
the Three in One, the One in Three,
of whom all nature hath creation,
eternal Father, Spirit, Word.
Praise to the Lord of my salvation;
salvation is of Christ the Lord!

GOSPEL READING: JOHN 12:20-33

Jesus entered Jerusalem for the last time to celebrate the Passover festival. Here Jesus' words about seeds planted in the ground turn the disaster of his death into the promise of a harvest in which everyone will be gathered.

Presider: The Lord be with you.

People: And also with you.

Presider: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Jesus Christ.

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

"Now my soul is troubled. And what should I say—'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." ³³He said this to indicate the kind of death he was to die

Presider: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

HOMILY – Rev. Laurel Dykstra

Silent Reflection

AFFIRMATION OF FAITH:

Presider: We believe in God

**All: Who is older than eternity
and younger than our next breath;
who is beyond describing
yet knows us all by name;
who inspires faith**

**All: Yet cannot be contained by religion.
We believe in Jesus Christ;
flesh of our flesh, bone of our bone;
He came in the body
to give worth to every human life.

He touched the untouchable,
loved the unlovable and endured slander,
persecution and death.**

**We believe that God's Kingdom
comes on earth Through Christ's
suffering love.**

**All: He rose from the grave as living proof
that what is laid down in faith
will be raised in glory.
He ascended to heaven
to be present at all times to all people.**

**We believe in the Holy Spirit,
Who leads us into truth and freedom,
who gives good gifts to all God's children,
who works through prayer and politics,
through justice, care of creation
and the healing of the nations.**

**We celebrate the potential
God has given; the life in our bodies,
the yearning in our souls, the promise of
good things in store for those who love
and serve their maker.**

PRAYER

PRAYERS OF THE PEOPLE

THE PASSING OF THE PEACE:

Presider: The peace of Christ be always with you.

People: **And also with you.**

*The community, standing at our seats, greet one another
saying or gesturing: 'Peace be with you'.*

COMMUNION

PREPARING THE TABLE:

LORD, WE HEAR YOUR WORD

**Lord, we hear your Word with gladness:
you have spoken--we rejoice:
words of love and life and freedom--
help us make their truth our choice!
Now in holy celebration
for your Word we worship you;
spoken, written, known in Jesus
ours today to prove anew.**

May we hear with understanding,
by your Spirit taught and led;
may the springs of all our being
by your Living Word be fed;
may our hearts accept with meekness
all the grace your light makes known;
may obedience mark our footsteps
till we make each word our own!

You have spoken--yours the fulness,
ours the wealth of this your Word:
debtors, then, as living letters
we must make your Gospel heard!
By your Spirit's power transform us;
shed your saving Light abroad
till our lives by love in action
show our world the truth of God!

PRAYERS OVER THE GIFTS

Presider: God our provider,

**All: you have not fed us with bread alone,
but with words of grace and life.
Bless us and these your gifts,
which we receive from your bounty,
through Jesus Christ our Lord. Amen.**

THE EUCHARISTIC PRAYER *(Salal & Cedar Community)*

Presider: May God be with you

People: And also with you

Presider: Lift up your hearts

People: We lift them up

Presider: Let us give thanks to God our Creator

People: It is right to give our thanks and praise

Presider: It is right in all times and in all places to thank and praise you Creator of all.
We praise you here at the foothills of Grouse Mountain, along the banks of the Capilano river, where city and farm, wilderness and industry are side by side.

**All: We praise you at a time when the body of earth is broken again and again.
We give thanks for our place in the story of salvation.**

Presider: Our ancestors journeyed with you in creation and migration.

All: They depended on the land, were displaced from the land and displaced others from their lands.

All: They knew you in tents and cities, on mountains and by wells, in families and in dreams, and through wilderness prophets who spoke of cedars and listened to ravens.

Presider: Together with angels and ancestors, orca and salmon, bear and raven, salal and cedar we join our voices with all creation in this ancient honour song:

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory,
Hosanna in the highest**

**Blessed is the one who comes
in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Presider: We give thanks to you for Jesus, whose first
bed was a feed trough. He was baptized
in the Jordan, tested in the wilderness, he
traveled in fishing boats and told parables of
farmers and seeds, labour and wages,
yeast and bread.

Presider: On the night before he died, Jesus took bread,
food of the poor, the work of field and
hearth, he gave thanks, broke it and gave it to
his friends saying:
Take and eat, this is
my body, given for you,
do this to remember me.

Presider: Again after supper he took the cup of wine,
fruit of the land, gave thanks and gave it
to his friends saying: This is my blood, which is
shed for you.
When you do this,
do it in memory of me.
Remembering Jesus' life, death and
resurrection and awaiting his coming kingdom,
we offer you this bread and this cup.
Creator,

**All: Send your Spirit on these gifts so that we
know Jesus in them and are gathered
together with everyone who shares this
sacred meal of justice and community.
Fill us with the courage and love of Jesus,
that we may strive for justice and peace,
respect the dignity of every human being,
and safeguard the integrity of creation.**

Presider: Bring us with all your saints to your
commonwealth of sparrow and lily, child and
beggar, which is both now and yet to come.
All honor and glory are yours, Creator, Christ
and Spirit, now and forever.

All: Amen

Lord's Prayer (*Sung*):

**All: Our Father in heaven,
hallowed be your name.
Your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.**

**All: Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and forever. Amen.**

FRACTION (Breaking the Bread):

Presider: We break this bread

All: Communion in Christ's body once broken.

Presider: Let your Church be the wheat
which bears its fruit in dying.

**All: If we have died with him,
we shall live with him;
if we hold firm,
we shall rise with him.**

INVITATION TO THE TABLE:

Presider: The gifts of God for the people of God

People: Thanks be to God.

All people are welcome to receive Communion of one kind (Fresh Bread or Wafers) at the station below the stairs, or Communion of one or both kinds at the Altar. Wine is administered from a common cup. Gluten free wafers are available upon request.

Please sanitize your hands before receiving.

While the communion is being administered, we respectfully ask that you keep the silence.

Candle lighting during this time is welcomed.

OFFERTORY:

If you wish to give a gift to support the ministry of St. Catherine's Church, offertory plates are available in the front of the church and at the entrances/exit.



*Make use of an envelope provided for
Donations of \$20 or more, tax receipts will be
issued if name and address are included; OR
Make use of this QR code with your device to donate
through Canada Helps, tax receipts are sent by email.*

COMMUNION MUSIC: LET ALL THINGS NOW LIVING

Let all things now living a song of thanksgiving

To God the creator triumphantly raise.

Who fashioned and made us, protected and stayed us,

Who still guides us on to the end of our days.

Love's banners are o'er us, God's light goes before us,

A pillar of fire shining forth in the night.

Till shadows have vanished and darkness is banished

As forward we travel from light into light.

God's law still enforces the stars in their courses
And causes the sun in its splendour to shine;
The hills and the mountains, the rivers and fountains,
The deeps of the ocean in praises combine..
We too should be voicing our love and rejoicing;
With glad adoration a song let us raise
Till all things now living unite in thanksgiving:
"To God in the highest, Hosanna and praise!"

PRAYER AFTER COMMUNION

Presider: Compassionate God

**All: you have fed us
 with the bread of heaven.
 Sustain us in our Lenten pilgrimage;
 may our fasting be hunger for justice;
 our alms, a making of peace;
 and our prayer,
 the song of grateful hearts;
 through Jesus Christ,
 our Saviour and Lord. Amen.**

SENDING

COMMUNITY ANNOUNCEMENTS – Vivian McGie

BLESSING: Rev. Laurel

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face,
the rains fall soft upon your fields,
and, until we meet again,
May God hold you in the palm of his hand.

SENDING HYMN:

WE SHALL GO OUT WITH HOPE OF RESURRECTION

We shall go out with hope of resurrection,
We shall go out, from strength to strength go on,
We shall go out and tell our stories boldly,
Tales of a love that will not let us go.
We'll sing our songs of wrongs that can be righted,
We'll dream our dream of hurts that can be healed,
We'll weave a cloth of all the world united
Within the vision of a Christ who sets us free.

We'll give a voice to those who have not spoken,
We'll find the words for those whose lips are sealed,
We'll make the tunes for those who sing no longer,
Vibrating love alive in every heart.
We'll share our joy with those who are still weeping,
Chant hymns of strength for hearts that break in grief,
We'll leap and dance the resurrection story
Including all within the circles of our love.

Dismissal:

Presider: Go in peace to live a life of service
People: **Thanks be to God.**

Join us for coffee after the service today,
at the back of the church.

Thank you for ministering this morning:

Presider:

& Preacher: Rev Laurel Dykstra

Music: Rob Gloor & Choir

Greeters: Tony Dodd and Julia Hadrill

Coffee Group: Penny Zuk, Julia Hadrill,
Elizabeth Barratt

Altar Guild: Sharon Fedorak

Readers: **1)** Gordon Lee **2)** Elizabeth Barratt

Intercessor: Pauline Barrett

**Eucharistic
Administrators:** Shaunti Bains, Lynn Spence,
Gillian Holland

Livestream: Ashkon Vahedi

Sunday Teacher: Ethan Spence



BEYOND THE DOOR – A LENTEN SERIES

This coming **Tuesday, March 19th**, **Elaine Perry**, will share her personal experience of 'engaged contemplation'. This will be a time of hearing from them and an invitation for us to ponder the gifts we bring out of our spiritual practice. Gifts like... Service, Love, Respect, Hospitality, Peace, and Hope.

This series is open to everyone who is curious about living spiritually engaged lives.

The program for each evening is as follows:

- 7 pm: Gathering
- 7:05 pm: Welcome and Introduction
- 7:15 pm Guest sharing, Spiritual Practice & Reflection
- 8:15 pm Compline
- 9 pm Closure

Feel free to come for some or all of the time.

A FRIENDLY REMINDER

We are encouraging everyone to kindly turn off the lights, and heater when leaving the church building to conserve energy. Thank you for your cooperation.

QUIET DAY: PRAYING OUR UNANSWERED QUESTIONS ON MARCH 23RD

On March 23rd, we will gather for day of quiet in preparation of the Holy Week. Hosted by the Spiritual Practice Group, we will be praying our unanswered questions together. Spiritual Practice Stations will be available, including a labyrinth and prayer beads. Everyone is welcome to join. Kindly send RSVP to Natasha at scadmin@shaw.ca. Participants are also requested to kindly bring their own brown bag lunch.

MAUNDY THURSDAY

A simple supper in the church on March 28, at 6pm with a communion service where we, through liturgy and action, enter into



Christ's experience of betrayal and death. The service includes foot washing, the stripping of the Altar, a memorial to the crucifixion, and a time of silence in the Garden of Repose.

GOOD FRIDAY SERVICE AND ART EXHIBIT

On March 29, at **10 am**, we will gather in the **Sanctuary**, close to the altar for a time of worship focused on the hours between Jesus' arrest and his tomb. The tone is solemn as we draw parallels between the suffering of Jesus and suffering in the world around us, and we ask how we might live differently. The service will

AN ARTIST'S JOURNEY OF JUSTICE TO EASTER

WITNESS A POWERFUL AND MOVING ART EXHIBIT BY ARGENTINIAN
SCULPTOR AND ARCHITECT ADOLFO PÉREZ ESQUIVEL IN HIS FIFTEEN IMAGES
DEPICTING THE STATIONS OF THE CROSS IN 1922.



GOOD FRIDAY SERVICE AT 10AM
GOOD FRIDAY - ART EXHIBIT
MARCH 29, 2024
11 AM - 5 PM

BY DONATION

Catherines
ANGELICAN CHURCH

RIDGEWOOD DRIVE,
NORTH VANCOUVER, V7R 1H8

transition to a time of contemplation on **Adolfo Pérez Esquivel's Stations of the Cross.**

The art exhibit of Argentinian sculptor and architect Adolfo Pérez Esquivel will guide our walk of the stations of the cross this year. The paintings incorporated the Stations of the Cross and Liberation Theology. Liberation theology is a Christian theological approach to the Gospel emphasizing the liberation

of the oppressed. It engages in socio-economic analyses, with social concern for the poor and political liberation for oppressed peoples, and addresses other forms of inequality, such as race or caste. The prints of the original art will be on display at the church from **11 am to 5pm.** Event by donation.

GOOD SATURDAY – FIRESIDE GATHERING

Join us outdoors on St. Catherine's grounds, for a fireside gathering from **7pm to 8pm.** Traditionally, the church kindles a fire in the darkness of Holy Saturday as a sign of hope and light in dark times. From this New Fire the Resurrection candle is lit. At 7:30pm we, will light our candle and offer a prayer. Hot chocolate will be served.



MAKING MEET ENDS POVERTY SIMULATION

Harvest Project is
inviting Saint
Catherine's to a

Poverty Simulation that they are co-hosting with SFU
on **Sunday, April 7th** from **12pm-3pm** at **The Wallace Venue -
125 Victory Ship Way #300 North Vancouver, BC V7L 0B2.**

This is an immersive group experience where up to 80 participants take on roles of people living in poverty and try to “make ends meet” for the duration of a simulated month. This simulation is part of a research project in the SFU Psychology Department, designed to provide valuable insights for participants, which will enable them to better understand and engage with low-income community members. The intention behind this project is that the (short) lived experience of poverty will translate into consequential decisions and actions that improve the lives of people experiencing poverty in the Vancouver area.

Email Marymil at community_engagement@shaw.ca, if you're interested to join.



SAINT CATHERINE'S ANGLICAN CHURCH

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